

### **News Story Summary**

In Escondido, California, a ten-year-old girl wanted to demonstrate kindness and connect with her neighbors in the middle of the coronavirus epidemic. With the help of her mother, Sylvia Huszarik filled plastic buckets with simple items like candy, snacks, bubbles, and puzzles to give to her neighbors with the hopes of lifting their spirits. The buckets include a note encouraging recipients to pass on the kindness by refilling the bucket and leaving it on the porch of a friend or neighbor—even if a stranger. Thus far, the girl has filled and delivered a dozen buckets to people within walking distance of her home, leaving the buckets anonymously.

(For more on this story, search the Internet using the term “Escondido girl shares kindness bucket with neighbors”.)

### **Focus Attention**

To illustrate the statement under the Say idea under Focus Attention, tell the story of the 10-year-old girl who created buckets with goodies to give to neighbors. Emphasize that Sylvia has found a way to show kindness to others that kept her connected to others. Complete the step as written.

### **Summarize and Challenge**

To supplement the Ask idea under Summarize and Challenge ideas, remind the group about the story of Sylvia distributing the buckets filled with goodies. Ask: *How would you respond if you had been one of the neighbors who received a bucket? How have you seen people demonstrate love and kindness toward you in recent days? How can our group show kindness in our community?* Complete the step as written, asking the questions listed.